Maritime Health in Oceanic and Offshore Racing

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IMHA – WHO ARE WE?

- An association of maritime health professionals
- Wide range of disciplines
- Committed to improving the health of seafarers by developing better approaches to
 - Health protection
 - Health promotion
 - Medical treatment, both locally and internationally
- Aimst to be the umbrella association for all national societies and associations of maritime medicine



WHAT IMHA DOES

- Undertake research to investigate the importance of different risks and effectiveness of the intervetions used to treat seafarer health problems
- Use research results to improve maritime health practice
- Share knowledge in international cooperation
- Advice decision-takers, like UN agencies, with closest links to the IMO, ILO, IOM and WHO
- Advice the social partners of the industry most often the ISF and ITF
- Organize conferences, workshops, symposia
- Publish Scientific Journal and Newsletters





IMHA Cooperation in our new strategy:

IMHA subsidiaries and networks:

- IMHA Researach
- IMHA Telemedicine
- IMHA Education and Training
- IMHA Port Health Care and Repatriation
- IMHA Health promotion and welfare
- IMHA Quality



IMHA Workshops in the past

- Health in the fishing industry
- Psychosocial health problems
- Training for maritime health professionals
- Quality assurance in maritime health care
- Ship Medicine Chest
- Maritime Telemedicine
- Colour vision in seafaring
- IMHA Strategy

Cadiz 2002 Riga 2004 Barcelona 2005 Mumbai 2006 Athens 2010 Malta 2013 Kobe 2014 London 2014



WORKSHOPS – PLANNING IN PROGRESS

- Medical emergencies on board ships
- Water hygiene on ships
- Standards for medical examination of fishermen
- Maritime health in oceanic & Offshore Racing

London 2015 2015/2016 2015/2016 2015/2016



Workshop planning

- We will make a difference -
- We know what we want to do -
- We know the steps to take -
- We know why we want to do it -
- We give it priority -

hence we do things on <u>purpose</u> hence we define our <u>objectives</u> therefore we define our <u>goals</u> it complies with our <u>policy</u> because it <u>concerns</u> us



Workshops - process

- Draft proposal should be developed
- Organisation and format of workshop should be decided
- Key persons should be identified
- OUTPUT: Consensus paper that
 - should be published in scientific journals
 - Should form an IMHA position paper
- OUTCOME should benefit the health of those who work at sea and help to improve safety and operational efficiency in the maritime sector



Workshop - finances

- IMHA is dependent on external financing of workshops
- Finances usually come from the industry, social partners, funders established by the industry
 - Examples:
 - ITF Seafarers Trust: Focus on merchant seafarers
 - TK Foundation: Focus on improvint seafarers' health
 - Some workshops are cooperationes, where participating experts get expenses covered by their home institutions
- What do we do with finances regarding ocean and offshore sailing?

Ship Medicine Chest and the International Medical Guide for Ships

- WHO responsibility and intellectual property, although it is a tripartite agreement between WHO, ILO and IMO
- Frequency of revisions extremely low
- Link to real life at sea is weak
- Rules of development of guidelines not suitable for purpose
- Diversity on board ships call for tailored approaches
- 3rd revision IMGS 2007
 - Ship Medicine Chest without quantification
 - Lack of consistency between text of IMGS and recommended medicine chest
- Workshop Athens 2010
- IMHA Interim Guidelines to the Ship Medicine Chest 2011
- WHO Addendum to IMGS 2012



Next IMGS

- Will WHO ever revise it?
- Will other partners cooperate on producing an alternative?
 - Danish initiative for a new national guide
 - Ideas for dissemination and adjustments to international needs
- Different aspects to cover:
 - Training and refresher training manual
 - Reference book
 - Ship medicine chest
 - Disease and accident prevention (OHS)
 - New technology telemedicine / internet / interactive cooperation

The needs for consistency

- Training of on board personnel:
- Medical equipment on board:
- Medicines available:

• Telemedical advice:

- Courses and guide should correspond
- Equipment should be suitable, and be described
- Medicines should be appropriate and correspond to advice given
- TMAS services should be an integrated part of the system



Where are we in offshore and ocean sailing/racing?