



INTERNATIONAL MARITIME HEALTH JOURNAL

DR MARTA GRUBMAN-NOWAK, DR MARIA JEŻEWSKA

INTERNATIONAL MARITIME HEALTH (IMH)

INTERNATIONAL MARITIME HEALTH FOUNDATION (IMHF)

MEDICAL UNIVERSITY OF GDAŃSK, CLINIC OF OCCUPATIONAL, METABOLIC AND INTERNAL DISEASES

INTERNATIONAL MARITIME HEALTH

ISSUED SINCE 1949

- **INTERNATIONAL MARITIME HEALTH (IMH) IS THE SCIENTIFIC JOURNAL AND OFFICIAL SCIENTIFIC FORUM OF THE IMHF SERVING AS PLATFORM FOR INTERNATIONAL DISCUSSION**
- Previous owner - Polish Society of Maritime, Tropical and Travel Medicine (PSMTTM)
- Since June 2018 the new owner - **International Maritime Health Foundation (IMHF)**

THE OWNER

- **International Maritime Health Foundation (IMHF)**
- A non-profit foundation
- Established June 2018, with headquarters in Gdynia, Poland



Polish Society for Maritime
Tropical and Travel Medicine

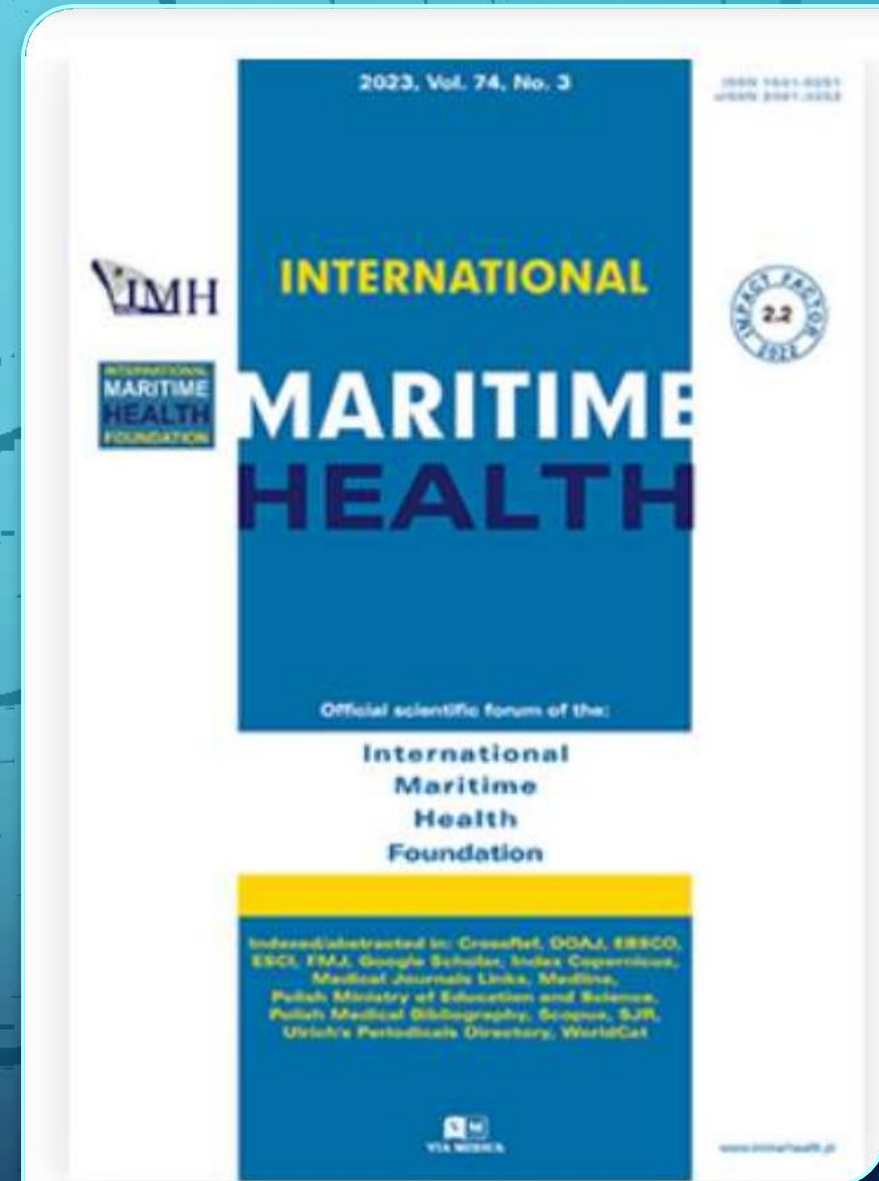


Norwegian Association
For Maritime Medicine

INTERNATIONAL MARITIME HEALTH (IMH) IN THE WORLD OF MARITIME MEDICINE

IMH as a scientific Journal is an important platform for the exchange of knowledge for many Societies of maritime medicine in Europe and all over the world, such as:

- ITF
- IMHA
- ISWAN
- Stella Maris
- Shipping organizations
- Offshore investments
- All shipping business...

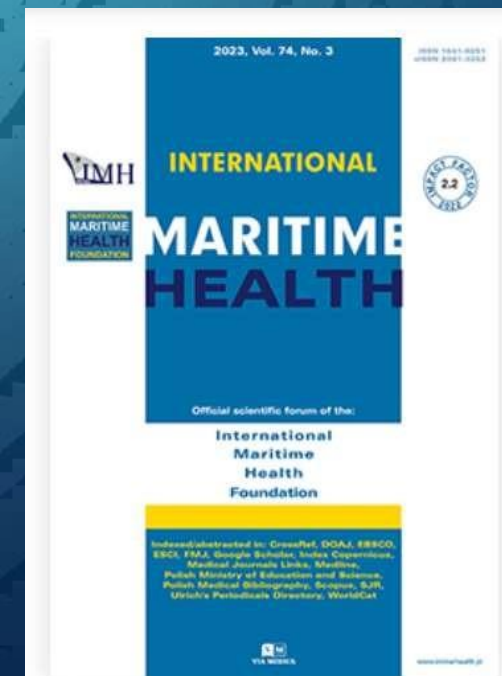


INTERNATIONAL MARITIME HEALTH (IMH) ACTIVITY REPORT

INTERNATIONAL
MARITIME
HEALTH
FOUNDATION

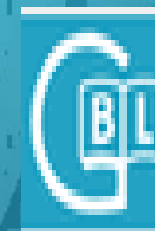
- SINCE 1949 THERE HAVE BEEN 9 EDITORS-IN-CHIEF OF IMH
- MARTA GRUBMAN-NOWAK IS THE EDITOR-IN-CHIEF RESPONSIBLE FOR THE JOURNAL SINCE OCTOBER 2022
- MARIA JEŻEWSKA IS THE HONORARY EDITOR-IN-CHIEF (PREVIOUSLY EIC SINCE 2013-2022)
- THE JOURNAL IS PUBLISHED QUATERLY WITH APP. 10 ARTICLES PER ISSUE

CURRENT STATISTICS



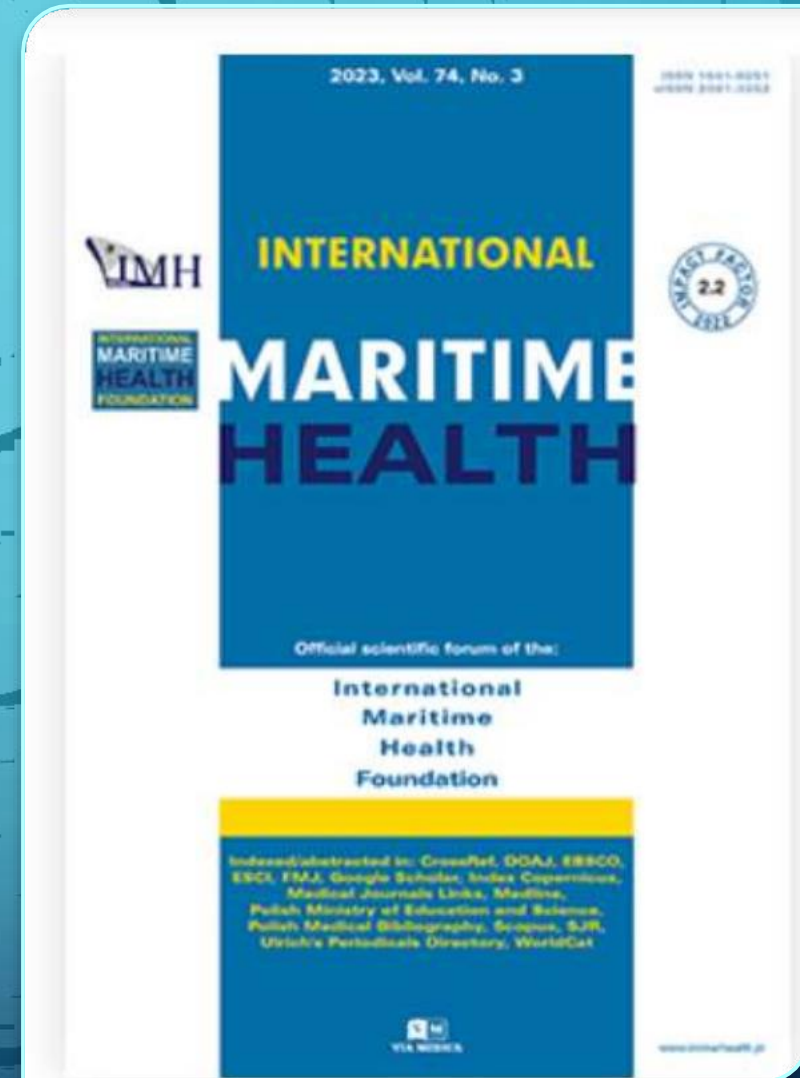
IMH IS INDEXED IN

- INDEX MEDICUS/MEDLINE;
- EMBASE
- SAFETY AND HEALTH AT WORK
- ILO CIS BULLETIN
- POLISH MEDICAL BIBLIOGRAPHY
- INDEX COPERNICUS
- DOAJ - DIRECTORY OF OPEN ACCESS JOURNALS



AREAS OF INTEREST

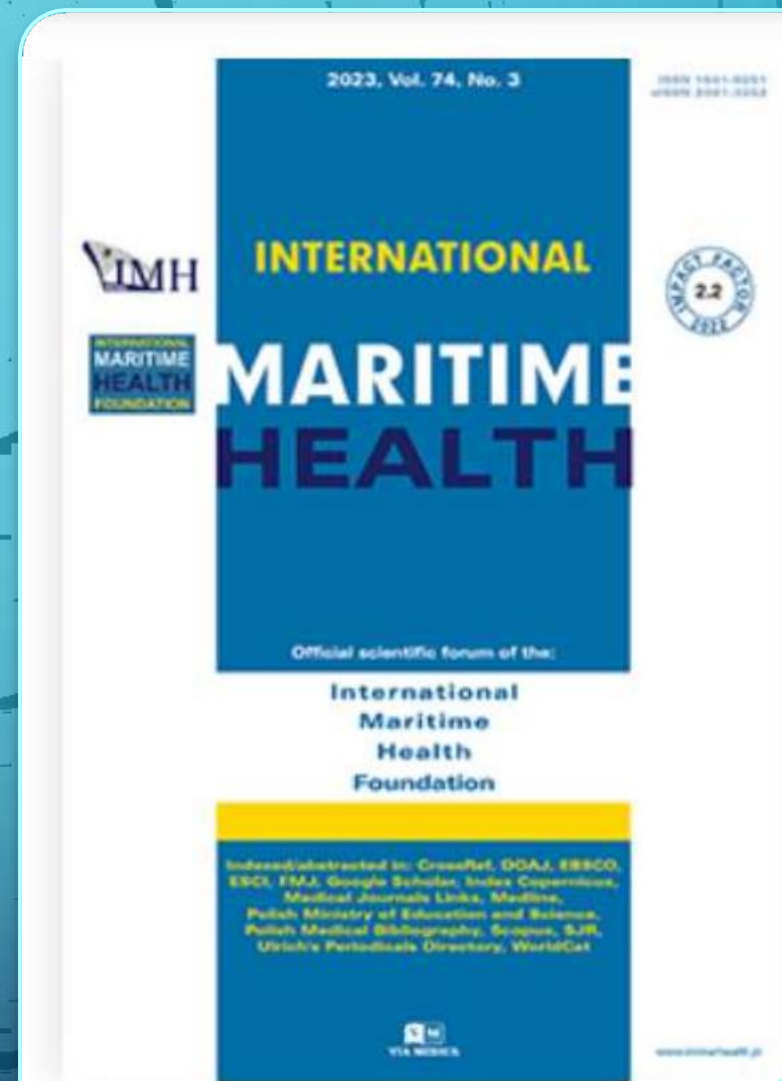
- MARITIME MEDICINE
- TROPICAL MEDICINE
- TELEMEDICINE
- HYPERBARIC AND DIVING MEDICINE
- TRAVEL MEDICINE
- NAVY MEDICINE
- MARITIME PSYCHOLOGY
- OFF-SHORE MEDICAL CHALLENGES
- MARITIME TOXICOLOGY
- HYGIENIC PROBLEMS ON SHIP
- HARBOUR SANITARY PROBLEMS
- FISHERMAN HEALTH PROBLEMS
- MENTAL HEALTH AND HEALTH PROMOTION AT SEA



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WE EXPECT THE FOLLOWING PAPERS

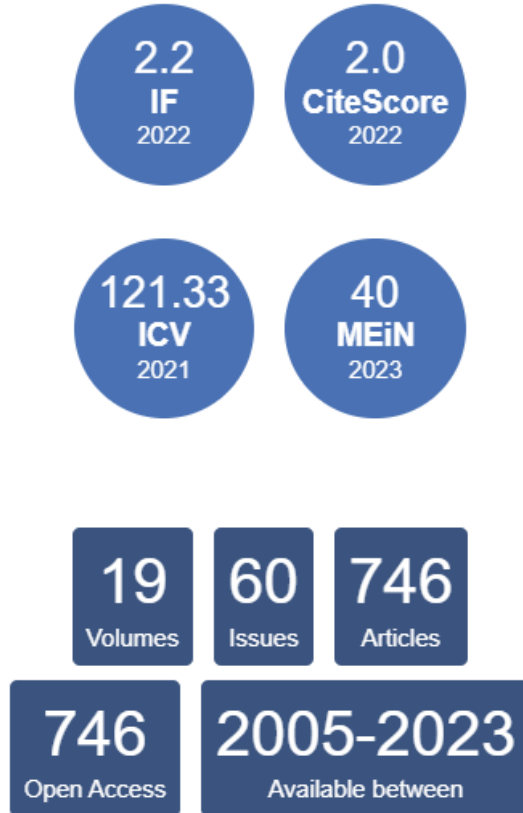
- ORIGINAL ARTICLES
- REVIEW ARTICLES
- CASE STUDIES
- REPORTS
- CASE REPORTS
- PILOT STUDIES
- THE HISTORY OF MARITIME MEDICINE PAPERS
- LETTERS TO THE EDITOR
- MISCELLANEA
- COMMENTS
- ANNOUNCEMENTS



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HEALTH
FOUNDATION

2022 JOURNAL PERFORMANCE DATA FOR: INTERNATIONAL MARITIME HEALTH



- Based on the Journal performance data for the year 2022 International Maritime Health has been granted 2,2 Impact Factor score!
- It is a great distinction and a new challenge.

Effects of COVID-19 on maritime industry: a review 16
Authors: Yazir, Devran;Sahin, Bekir;Yip, Tsz Leung;Tseng, Po-Hsing 8
Volume: 71
Accession number: WOS:000606603900005
Document Type: Review

Seafarers' mental health in the COVID-19 era: lost at sea? 11
Authors: Lucas, David;Jego, Camille;Jensen, Olaf Chresten;Lodde, 8
Brice;Pougnnet, Richard;Dewitte, Jean-Dominique;Sauvage, Thierry;Jegaden, 8
Dominique
Volume: 72
Accession number: WOS:000670634400008
Document Type: Article

Past, present, and future perspectives of telemedical assistance at sea: a 8
systematic review 8
Authors: Sagaro, Getu Gamo;Amenta, Francesco
Volume: 71
Accession number: WOS:000546040400003
Document Type: Review

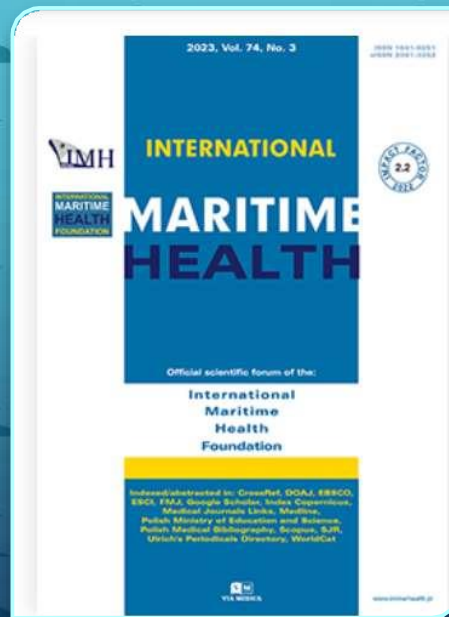
Effect of daily social media exposure on anxiety and depression disorders 7
among cargo seafarers: a cross-sectional study 8
Authors: Zamora, Arianne A.;Regencia, Zypher Jude G.;Crisostomo, Marilyn 8
E.;Van Hal, Guido;Baja, Emmanuel S.
Volume: 72
Accession number: WOS:000639006300008
Document Type: Article

Wellbeing of a selection of seafarers in Eastern Adriatic Sea during the 7
COVID-19 pandemic 2020 8
Authors: Pesal, Giuliano;Canals, Maria Luisa;Sandrin, Matteo;Jensen, Olaf
Volume: 71
Accession number: WOS:000577106200006
Document Type: Article

JOURNAL
IMPACT FACTOR
CONTRIBUTING
ITEMS

SPECIAL INTEREST
IN MENTAL HEALTH
ISSUES!


ILLUSTRATION OF THE WORLDWIDE RESEARCH INCREASED FOCUS ON SEAFARERS' MENTAL HEALTH





MENTAL HEALTH OF SEAFARERS


PUBLICATIONS AND RESEARCH

- There is little literature on seafarers' mental health, especially in developing countries.
 - Lack of sufficient criteria for mental health screening in the recruitment process and job qualifications is also noticeable.
- 



PUBLICATIONS AND RESEARCH IN THE IMH

MENTAL HEALTH FOCUS

- **An increase in the mental health publications has been observed in period from 2021 to 2023**
 - The archives of the articles in the IMH have been analyzed by the IMH Editorial Team with focus on the mental health papers.
- 

PSYCHOLOGICAL ARTICLES **PUBLISHED** IN IMH DURING THE PERIOD OF 2013-2023

	Original papers	Review papers	Overall
2013	7	1	8
2014	7	2	9
2015	4	1	5
2016	1	1	2
2017	3	1	4
2018	0	1	1
2019	0	1	1
2020	0	1	1
2021	3	1	4
2022	7	0	7
2023	6	0	6

PSYCHOLOGICAL ARTICLES 2013-2023 - TOPICS

	Working conditions/ psychosocial work factors	Stress/ anxiety/ fatigue/ well- being/ suicides/ depression	Pircacy/ accidents	Quaity of life/ health behaviors	Individual defferences (personality, coping styles, cognitive function)
2013	1 (O)	2 (O O)	2 (O O)	1 (O)	2 (O R)
2014		3 (O O R)	2 (O O)	1 (O)	3 (O O R)
2015	1 (O)	3 (O O R)		1 (O)	
2016	1(R)			1 (O)	
2017		1 (O)			3 (O O R)
2018		1 (R)			1 (R)
2019		1 (R)			
2020		4 (O O O R)			
2021		4 (O)			
2022		5 (O)		1 (O)	1 (O)
2023	3 (O, O)	1(O)			2 (O)

O - ORIGINAL STUDY R - REVIEW PAPER

PARABLE FROM 2013 TO 2023 CURRENT
IMPORTANT WORLD EVENTS:

COVID-19 PANDEMIC!

WAR IN UKRAINE!



1,295 new calls and messages to ISWAN's helplines
(i.e. the first contact in a new case)
▲ **6%** compared to last quarter



2,443 seafarers and family members assisted by ISWAN
▼ **18%** compared to last quarter

Key trend



▲ **37%** contacts related to mental health since last quarter across all ISWAN helplines

As well as *family or relationship issues, abuse/bullying/harassment/discrimination, and repatriation issues*, other themes in mental health cases included:



Isolation and homesickness



Work-related stress



Anxiety about physical health issues



Substance abuse issues

Trends by helpline



▲ **15%** contacts related to abuse, bullying, harassment and discrimination since last quarter



▲ **31%** information requests since last quarter



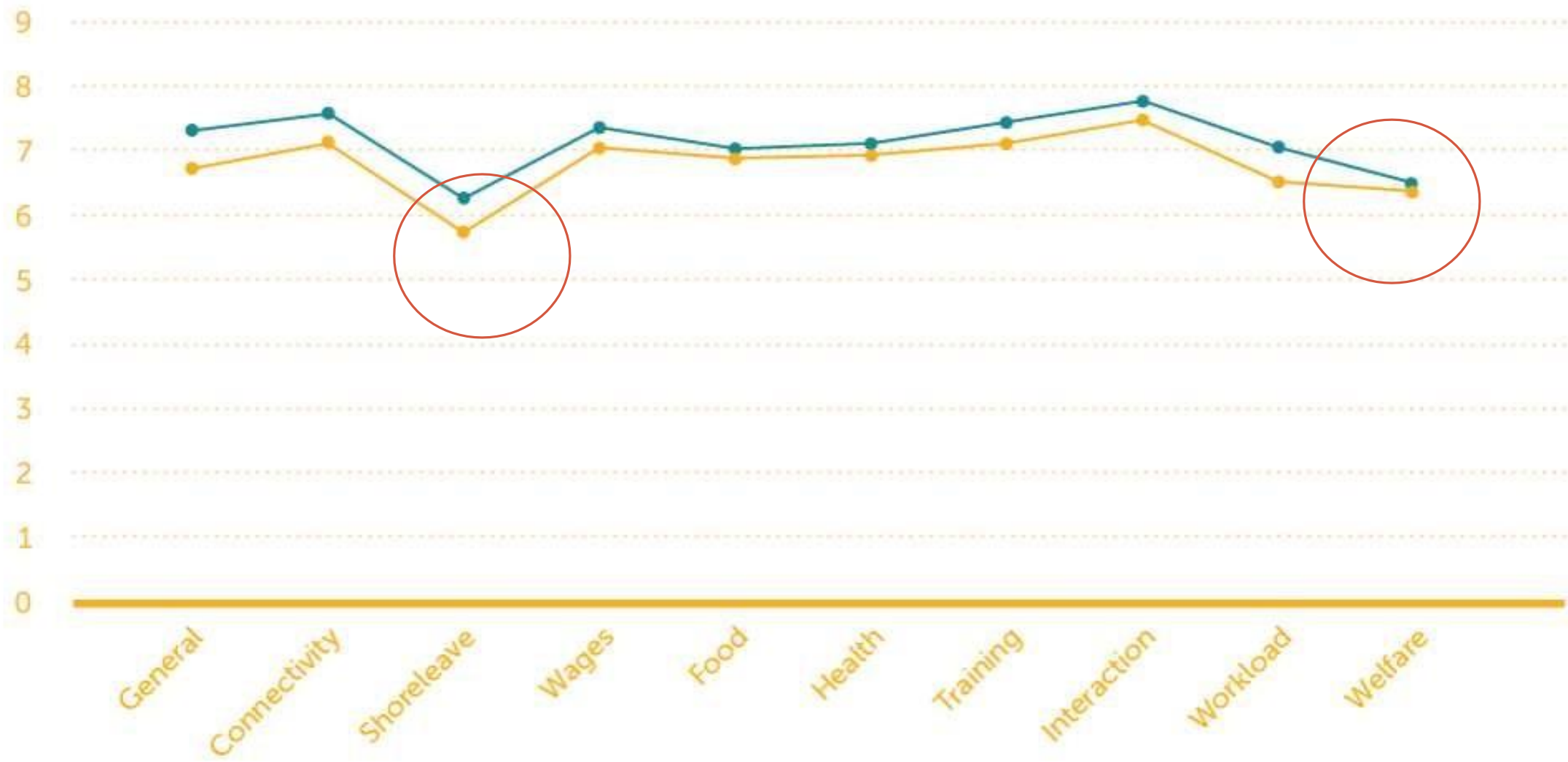
The
Seafarers
Happiness
Index

Seafarers Happiness Index



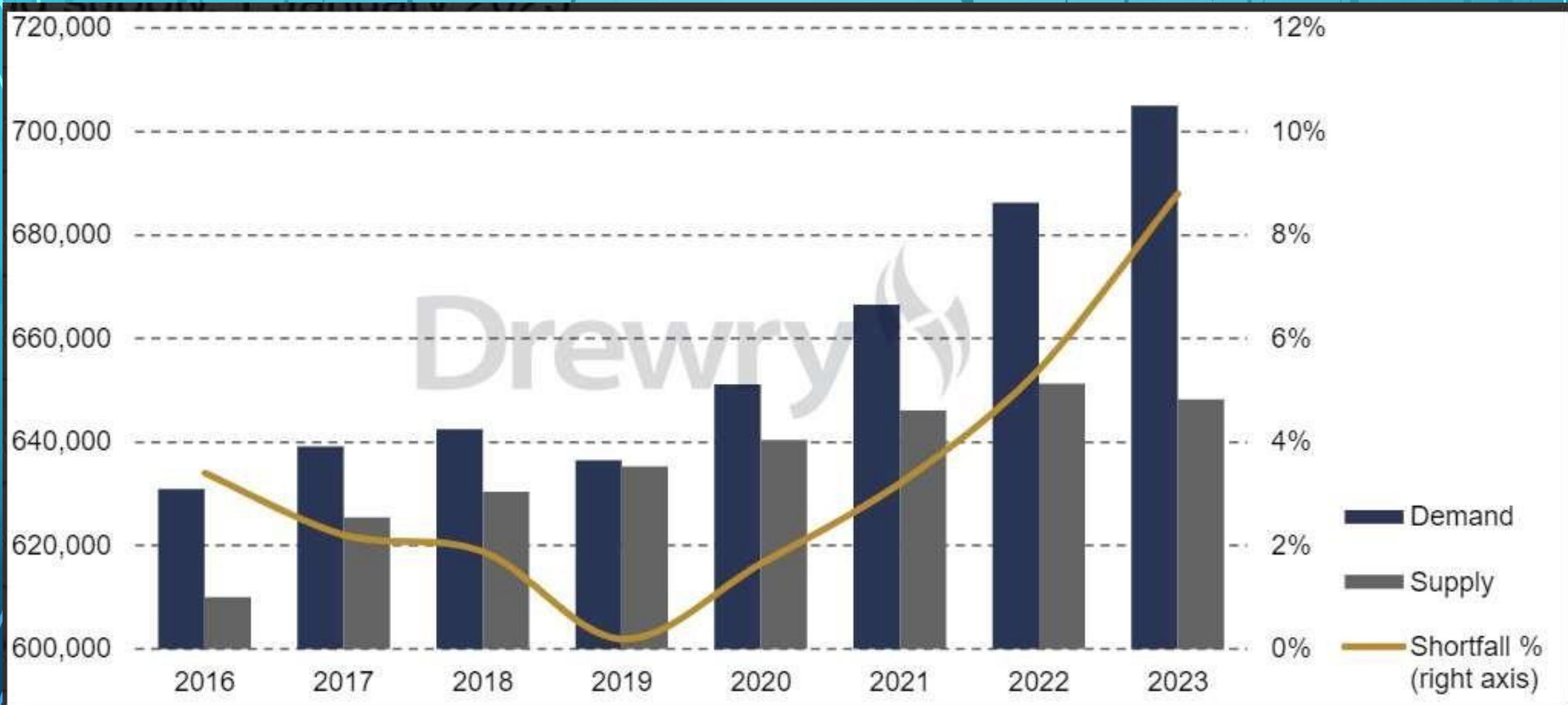
Q2 2023 v Q1 2023

Q1 2023 Q2 2023



OFFICER SUPPLY SHORTFALL

- Manning Annual Review and Forecast (Drewry, 2023) - Officer supply shortfall has reached a record high and is not expected to improve,
- The 2023 officer availability gap has widened to a deficit equating to about 9% of the global pool, which represents the highest level since 17 years ago
- The importance of wellbeing has come to the forefront in employee retention, and the trend of looking beyond wage rates is becoming stronger by the day.
- **Things like good communication channels with families at home, comfortable facilities onboard and a supportive work environment are gaining importance.**



CONCLUSIONS

- The increase in the number of submitted original articles is a positive sign that researchers are paying more attention to the issues of mental health in the group of seafarers.
- There is still a great necessity of expanding the scope of research connected with mental health.
- The IMH editorial team expects collaboration in the matter of acquiring new publications and reviewing process as a guarantee of high standards of publications.

CONCLUSIONS

- I would like to invite all of you for cooperation and support in the reviewing and publishing process.
- It is a great opportunity for growth and broadening of our scientific impact in the future.



THANK YOU
FOR YOUR ATTENTION!

VIMH

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